

### Multi-neuro peer support groups

<b>Geography</b>	Middlesbrough, Redcar and Stockton	Richmond, Northallerton and surround across North Yorkshire	Stockton, Hartlepool and surround
Time	Bi-monthly	Bi-monthly	Monthly + coffee morning
Duration	2hours	2hours	2hours
Who	Anyone living with or caring for someone with a neurological condition	Anyone living with or caring for someone with a neurological condition	Anyone living with or caring for someone with chronic pain or neuro-comorbidity
Where	HELLO, Teesside Retail Park, Stockton	Richmond Cricket club, North Yorks	Thornaby Centre Library, Stockton
Managed	HO and Vice Chair	Volunteers with HO oversight	Organisation Member of TVDNY
Reporting	To TVDNY and strategic reference	To TVDNY and local NHS personnel	Collaboration with TVDNY and strategic reference
Benefit	<ol style="list-style-type: none"> <li>1. Maximise opportunities to improve parity of health and mental wellbeing</li> <li>2. Service user and carer involvement in decision making, research and education</li> <li>3. Sharing and learning environment for professional and lived experience collaboration</li> <li>4. Sustained communication to and from other support networks for peer support and problem-solving for people with newly diagnosed or rare conditions to reduce isolation</li> </ol>	<ol style="list-style-type: none"> <li>1. Maximise opportunities to improve parity of health and mental wellbeing in rural settings</li> <li>2. Service user and carer involvement in decision making, research and education</li> <li>3. Sharing and learning environment for professional lived experience collaboration</li> <li>4. Sustained communication network for peer support to access expertise or with newly diagnosed or rare conditions to reduce isolation in rural community</li> </ol>	<ol style="list-style-type: none"> <li>1. Maximise opportunities to improve parity of health and mental wellbeing</li> <li>2. Service user and carer involvement in decision making, research and education</li> <li>3. Sharing and learning environment for professional, service user/carers collaboration</li> <li>4. Sustained peer support for people to improve self-management skills and be included in the neuro community</li> </ol>
Funding	Benefit-in-kind Free meeting room	Accessible meeting room £20pcm	Self-supporting Free meeting room
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